

Attachment B

**Lake Michigan Internship Consortium:
An Affiliated Internship of
Argosy University, Chicago**

BROCHURE/HANDBOOK

2009-2010

CONTACT: Jenine Chiles, Psy.D.
Lake Michigan Internship Consortium
Director of Training
Argosy University, Chicago
225 N. Michigan Avenue, Suite 1300
Chicago, IL 60601
(312)- 777-7678
jchiles@argosy.edu

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Introduction

The Lake Michigan Internship Consortium (LMIC) was developed to provide an Association of Psychology Postdoctoral and Internship Centers (APPIC)-affiliated training program for students at Argosy University, Chicago. From the APPIC Match News statistics, there is a growing need for additional internships (both locally and nationally) to accommodate the increasing number of clinical psychology trainees.

The purpose of the consortium is primarily to provide clinical psychology internship training to a select few students from Argosy University, Chicago (AU CHI) through the APPIC matching process. The consortium will be administratively coordinated by a Director of Training (DOT) who reports to the Clinical Program Chair and who works with support and consultation from the Training Department at AU CHI. There are seven current participating member training sites. The members are considered sites/rotations within the consortium, not individual members of APPIC.

Site/Rotation Participation

Membership in the consortium is by written agreement. The LMIC DOT will coordinate with APPIC and other accrediting agencies. Members of the consortium follow APPIC guidelines in the selection of interns and in meeting other requirements for APPIC internships. Under this agreement only interns from Argosy University are assigned to sites during the matching process and are considered interns in the consortium. Quality control of the training experience will be accomplished by regular site evaluations and reports on intern performance. There will be periodic meetings and contact during the training year to facilitate communication and problem solving related to the internship program and the governance and policies of the consortium.

Membership in the consortium may change over time, as will components of the training program, as deemed appropriate by LMIC and its members. A current description of active sites, staffing, and program features are made available by LMIC in this brochure for each internship year. The responsibility falls to the member agencies to report significant changes to the LMIC DOT.

Consortium Structure

The consortium is administratively coordinated by the Director of Training (DOT), Jenine Chiles, Psy.D., who is also half-time core faculty at AU CHI. Dr. Chiles is licensed in Illinois and Indiana.

The LMIC DOT is administratively responsible for the overall functioning, selection, supervision and training of interns. Development of the training program, coordinating selection of interns, communications with APPIC, facilitating the flow of information between sites, coordinating the interns' transition through any rotations or structured learning schedules as established by the internship, ongoing review of the training goals and objectives, and overseeing the documentation and maintenance of interns' training records comprise the major responsibilities of the position. The DOT also provides

leadership thereby assuring scheduled supervision and arranging for intern participation in the training seminars and weekly group supervision. Other administrative tasks such as the consortium training budget is managed by the LMIC DOT in consultation with the Program Chair of the Psychology Graduate Department of Argosy University, Chicago.

More specifically, the LMIC DOT's responsibilities include:

1. *Organizing the weekly didactic and supervision training seminars:* The LMIC DOT arranges for weekly didactic and supervision training seminars for all of the interns. The LMIC DOT oversees the training seminars and is responsible for appointing a doctoral level psychologist(s) to implement them. The LMIC DOT and the appointed seminar leader(s) work with the member sites in identifying training components and didactic content that is included in formal presentations throughout the course of the internship year. These training seminars may involve presentations by members of the training staff from the member sites and/or presenters invited from the community. The LMIC DOT and designated seminar leader(s) attend to scheduling, invitations, and evaluations of the presentations. Budgetary issues and honoraria for outside speakers is the responsibility of the LMIC DOT, who consults with the Chair of the Graduate Psychology Program.
2. *Communications with APPIC:* Annual information updates, registration with the APPIC three-year reviews, and other necessary communications with APPIC are the responsibility of the LMIC DOT.
3. *Assignment and Scheduling of Internship Rotations:* The LMIC DOT is responsible for scheduling any rotations among the member sites, as well as scheduling events that involve staff from each of the member sites. While internal daily schedules are addressed by each particular member site, those scheduling concerns that involve more than one member site are coordinated by the LMIC DOT.
4. *Supervision and Training:* The LMIC DOT is responsible for the administrative component of supervision (i.e. assuring that interns are receiving adequate supervision at each of their sites, attending group supervision, and coordinating any joint training of interns). In addition, the LMIC DOT is responsible for providing group supervision for all interns and for providing didactics and group supervision concerning supervision. Finally, the LMIC DOT is responsible for the consortium's self evaluation of training.
5. *Program Evaluation:* Evaluations are conducted on a regular basis. Evaluations undertaken by the consortium assure that students, supervisory staff, and participating agencies receive input in identifying concerns, providing positive feedback for participating staff and students, and assuring the quality of training. The participating agency training director in tandem with the LMIC DOT oversees the evaluation process and helps communicate

feedback to individuals and participating member sites. The LMIC DOT also identifies areas for the improvement of the consortium program.

6. *Oversight Committee Meetings:* The LMIC DOT schedules and hosts meetings with the supervising psychologists from the various consortium member sites. The oversight committee meets quarterly.

Consortium Membership

Member Site Requirements and Responsibilities

1. APPIC consortium membership criteria require that a primary consortium director or co-directors be present at one or more of the training facilities for at least 20 hours a week. Dr. Jenine Chiles is the Internship Director at Argosy University, Chicago Campus. She is on campus at Argosy University, Chicago 20 hours per week and at one of the consortium sites for 20 hours per week.
2. Each member site within the consortium must have at least one clearly designated, appropriately credentialed doctoral level staff psychologist who is responsible for the integrity and quality of training. They must be present at the agency/site for a minimum of 20 hours per week. This member site psychologist a) directs and organizes the training and its resources at that site, b) is involved in the selection of interns c) monitors and evaluates the training program's goals and activities at that site, d) is responsible for documenting and maintaining interns' training records at that site, and e) chairs the consortium wide oversight committee meetings.
3. Member sites are required to provide two hours per week of face-to-face individual supervision for each intern by a licensed psychologist. The psychologist supervisor is clinically responsible for all clients under the intern's care. Whenever possible, consortium members will share resources and develop coordinated training activities. Argosy University, Chicago will provide resources in supporting supervision and training through weekly group supervision for all interns and a weekly didactic training seminar.
4. Each intern is guaranteed a minimum annual stipend of \$18,000 funded by the member site. However, the site is free to offer other compensation as they deem appropriate.
5. Each member site will send a training representative who is not the intern to quarterly consortium oversight committee meetings at Argosy University, Chicago.

Internship Requirements and Responsibilities

1. The internship is a year long, full-time, 2000-hour training experience. Interns and sites may adjust their schedules to meet the needs and training experience of both. Interns are expected to accumulate their hours based on a 40-hour week for a minimum of 50 weeks. Overtime and/or compensation time will not be grounds for leaving an internship in less than 50 weeks. Interns who do not document 2000 hours during the training year should consult with their site supervisor(s)/director and the LMIC DOT to see if they may continue on site until those hours are completed.

2. Interns must provide a minimum of 500 to 1000 hours of direct client contact or approximately one-quarter to one-half of their time. The rest of the time should be spent with training experiences, supervision, report writing, case conferences, meetings, research, etc. The member site is free to develop their own individual training experiences based on what they have to offer and the training needs of the intern(s).
3. The internship year begins on the Tuesday after Labor Day.
4. Interns are covered by liability/malpractice insurance through Argosy University, Chicago for one year beginning the first day of their contracted internship.
5. Member sites are not obligated to continue the intern's stipend beyond their one year commitment, and interns must provide their own malpractice insurance or register for internship credit if they wish to be covered by the school.

Program Training Philosophy and Goals

LMIC is designed to prepare interns for a professional practice in psychology. LMIC ascribes to a practitioner-scholar model. One of the primary goals of the internship is to help facilitate the personal and professional growth of each intern based on the intern's own learning plan. The training model is sequential, cumulative and graded in complexity. Training in ethical and professional standards will be incorporated in supervision and seminar presentations to prepare the interns for the highest standards of professional conduct. LMIC is committed to providing an internship experience consisting of intensive supervision, didactic seminars, case presentations, scholarly presentations and direct clinical experience. Specific goals include:

- 1) Exposing interns to a broad range of clinical interventions during which time the caseload increases in diversity, severity of pathology, and complexity of issues.
- 2) Producing graduates who are sensitive to multicultural issues; race, gender, sexual orientation, religious preferences and physical and mental disabilities.
- 3) Instruct and supervise interns in a wide array of methods of assessment, diagnoses and intervention procedures using several different theoretical models.
- 4) Preparing interns to work in multi-disciplinary settings.
- 5) Facilitate interns' personal growth and foster their level of responsibility and autonomy in providing psychological services.
- 6) Increase the interns' knowledge and handling of legal, ethical, and professional issues involved in the practice of professional psychology.

Overview of Training

Interns are placed on a full time basis at one of the member sites during the course of one year. Although the member sites are independent and quite distinct from one another, the training program is centrally coordinated by AU CHI to ensure that it is organized and

reflects a coherently articulated set of training goals. Member sites collaborate under the direction of the LMIC DOT. Training directors, supervising psychologists, and clinical faculty are committed to preparing quality practitioners competent to work in culturally diverse communities. It is expected that the interns in this program will help meet the mental health needs of the diverse population in the Lake Michigan geographic region.

Description of Training Site(s) for 2009-2010

Argosy University, Chicago Psychological Services Clinic

The AUC PSC provides mental health services at no cost to the students of the Argosy University, Chicago students who are not in the graduate clinical psychology program. Services provided include, but are not limited to, intake assessment, individual, and group psychotherapy, psychoeducational testing, outreach programming, crisis intervention, career counseling and consultation with parents, faculty and staff. There are students from diverse backgrounds, including international students, as well as many working professionals.

MacNeal Family Medicine Center

The McNeal Family Medical Center is located in McNeal Medical Center, a 427-bed community-teaching hospital and Level II Trauma Center located in Berwyn Illinois, serving a diverse cross-section of patients from Chicago and the Westside suburbs. This site offers comprehensive training in health psychology, including the development and provision of consultation liaison services to medical providers as well as supporting health treatment as part of a multi-disciplinary team, and behavioral interventions such as Motivational Interviewing. In addition to working as part of a multidisciplinary team in the Family Medicine Clinic, interns will conduct Diagnostic Assessments in the Department of Behavioral Health, provide supervision for Argosy externs at the site and have access to trainings provided for medical residents.

AIDS Resource Center of Wisconsin (ARCW)

ARCW is a non-profit multiservice agency providing, medical, dental, mental health, legal, case-management, prevention and food pantry services to over 700 HIV+ individuals living throughout the state of Wisconsin. The ARCW Department of Behavior Health is located in Milwaukee, WI, and is staffed by a licensed psychologist, an LCSW, three masters-level therapists, a case manager and a part-time psychiatrist. The client population is generally from a lower socioeconomic status and broadly represents the current demographics of the epidemic: 50% African American, 10% Latino, 30% Caucasian, 10% Native American and "Other", 25% female, 2% transgender, 73% male. The clinic provides psychological testing, forensic evaluations, group psychotherapy, clinical treatment of adults, children, couples, and families spanning a full range of diagnostic categories as well as psychological consultation for the medical staff. While the clinic is primarily Cognitive Behavioral in orientation, students are exposed to other perspectives as well, including Psychodynamic, Narrative/Solution-Focused, Social Justice, Motivational Interviewing, Behavioral Health, Family Treatment and Crisis Intervention. In addition to psychologists, students will work closely with medical providers, case managers, psychiatrists and clinic administrators to ensure coordinated care.

Streamwood Behavioral Health Center

SBHC is located in Schaumburg, IL and services children and adolescents in an inpatient psychiatric hospital and a residential facility. SBHC has two full-time psychologists and over 20 part-time psychologists. Interns collaborate with attending psychiatrists, educational staff, parents/caregivers, and other mental health providers. Students conduct multidisciplinary staffings on their clients. They also attend weekly rounds meetings on two of three hospital units. Students attend group supervision two times per week where they will present cases for peer review and supervision. Group supervision is conducted with clinical staff including psychiatrists, post-doctoral fellows, practicum students, and Master's level therapists. Students are expected to maintain a caseload of therapy patients in the residential and inpatient facilities. Interns conduct psychological testing with inpatients and complete full batteries on a regular basis. Approximately 60% of the intern's time is spent in direct service. Students are encouraged to think about their patients from multiple theoretical perspectives.

Sheridan Shores Care and Rehabilitation Center

Sheridan Shores is located on the north side of Chicago and provides medical as well as psychological services in a nursing care facility. They service patients with a wide range of psychiatric disorders, including severe mental illnesses. They offer individual and group psychotherapy with a cognitive-behavioral focus. They provide substance abuse treatment. The site offers diversity training around topics, such as disability, gender, socioeconomic status, sexual orientation, race, ethnicity, and HIV/AIDS. Testing is focused on personality, intellectual, and neuropsychological evaluations. Interns have an opportunity to develop psychotherapy groups depending on their own interests. Students who are interested in learning about administrative duties have an excellent opportunity to do so at this site. The training director is well published in the field of cognitive-behavioral therapy and regularly presents around the world. Students receive two hours of individual supervision as well as two hours of group supervision. While the site primarily serves patients with severe mental illnesses, they are beginning to treat a geropsychiatric population as well, so there is a good opportunity to learn about aging and mental illness.

Chicago Lakeshore Hospital

Chicago Lakeshore Hospital's Valeo program offers mental health services specific to the LGBTQ community. They have an inpatient and an intensive outpatient program that provides psychotherapy with a focus on LGBTQ developmental and sociopolitical issues. Interns have an opportunity to do group and individual psychotherapy. Substance abuse treatment is a major component of the program and an excellent opportunity for interns to learn about different treatment modalities. Interns will work with practicum students, as well as psychiatrists, social workers, and nursing staff. There is a full range of diagnostic categories seen in the inpatient and outpatient settings.

Cancer Wellness Center

The Cancer Wellness Center is located in Northbrook, Illinois. They offer a wide range of services to cancer patients, as well as their families and caregivers. They are an

excellent health psychology training site. They offer individual and family psychotherapy in a program called the Family Room. They also offer group psychotherapy on a wide variety of topics, including spirituality and bereavement. There is individual and group supervision with lots of opportunities for didactic training. This is an excellent site for students who want to work in health care and to learn more about holistic care.

Program Administration and Faculty

The LMIC program administration is under the supervision of the Program Chair of the Graduate Psychology Department of Argosy University, Chicago. The Internship Consortium is directed by the LMIC Director of Training, in coordination with the Argosy University, Chicago Clinical Psychology Training Department. Administrative and Supervising clinical faculty (2009-2010) are listed below:

Annemarie Slobig, Psy.D. – Program Chair of the Graduate Psychology Department, AU CHI

Robert Marshall, Ph.D. – Director of Clinical Psychology Training, AU CHI

Jenine Chiles, Psy.D. – LMIC Director of Training, AU CHI Core Faculty, Primary Supervisor, Argosy University, Chicago Psychological Services Center
Secondary Supervisor, ARCW, and Chicago Lakeshore Hospital Valeo Program

Mary Talen, Ph.D. – Primary Supervisor, MacNeal Family Medical Center

Nadia Damm, Ph.D. – Primary Supervisor, AIDS Resource Center of WI

Shawn Daugherty, Psy.D. – Primary Supervisor, Streamwood Behavioral Health Center

David Ventrelle, Psy.D. – Secondary Supervisor, Streamwood Behavioral Health Center

Art Freeman, Ed.D.-Primary Supervisor, Sheridan Shores

Stuart Pinkwater, Psy.D. – Primary Supervisor, Cancer Wellness Center

Scott Pytluk, Ph.D. – Secondary Supervisor, Sheridan Shores and MacNeal Hospital

Penelope Asay, Ph.D. – Secondary Supervisor, Sheridan Shores

Supervision and Training Seminars

Each intern is assigned to a primary supervisor at each of the sites. The supervisors and faculty are licensed psychologists in the state in which they are located and they represent a wide range of theoretical orientations and clinical specialties. The primary supervisor bears the clinical responsibility for the cases of the interns they supervise. Each intern receives a minimum of two hours per week of face to face individual supervision from their site supervisors. The LMIC DOT has overall administrative responsibility for the intern's training experience as coordinated with AU CHI.

The program includes individual and group supervision for direct clinical services. A structured program of training seminars is provided weekly at the Argosy University, Chicago or at one of the member training sites. The seminars are designed to provide the conceptual basis for interns to integrate their daily clinical learning experiences with theory. The seminars also address practical topics such as specific issues in psychological testing and current trends in psychotherapy.

In addition, the LMIC DOT holds a weekly didactic/group supervision concerning clinical supervision in which didactic material is presented, literature on supervision is discussed, and interns present examples of their supervision of practicum students. Interns are invited and encouraged to participate in training opportunities available at each of the training agencies. The interns are also encouraged to attend external learning opportunities offered at various institutions in the Greater Chicago area. The LMIC DOT provides extra individual supervisory support as needed, and coordinates regular informal opportunities for intern contact, such as collegial luncheons and reading/discussion groups.

Research Opportunities

Interns are encouraged to initiate or participate in any research projects at the sites. Interns may become involved in any or all aspects of the research process that may be of interest, from the conceptualization and design stage to publication and presentation.

Selection of Interns

The LMIC will follow the APPIC Match guidelines in the selection of interns and in other requirements set forth by APPIC. Under the internship agreement, positions in the LMIC are for Argosy University students only.

Stipend and Benefits

The LMIC is a full time pre-doctoral internship position. The minimum stipend requirement is \$18,000. However, exceptions have been made for sites during their first year of membership in the Consortium.

Intern Rights and Responsibilities

Overview

LMIC has a strong commitment to developing clinical practitioners who demonstrate high levels of professionalism and clinical skills. It is a fundamental requirement of the internship that all interns meet the standards of the profession of psychology. As an expression of these standards, LMIC requires adherence to the principles of the American Psychological Association (APA) Code of Ethics. Not only are interns required to complete academic and clinical requirements, they are expected to demonstrate professional attitudes and behavior during their internship training. Interns' development of these competencies, skills, behaviors, and attitudes are monitored and evaluated regularly throughout their internship training and will be discussed further in following sections.

Intern Rights

LMIC recognizes the rights of interns which include:

1. The intern has a right to a clear statement of general rights and responsibilities upon entry into the internship training program.

2. The intern has a right to be trained by professionals who behave in accordance with the APA Code of Ethics.
3. The intern has a right to be treated with professional respect.
4. The intern has a right to ongoing evaluation that is specific, respectful, and pertinent.
5. The intern has a right to engage in ongoing evaluation of the internship training experiences.
6. The intern has a right to initiate an informal resolution of problems that might arise in the internship training program.
7. The intern has a right to due process.

Intern Responsibilities

All interns in LMIC assume an obligation to conduct themselves at all times as responsible members of the training community, to respect the personal and property rights of others, and to support the educational mission of the consortium. The consortium insists that its interns demonstrate personal and professional integrity in addition to clinical excellence. The following are a list of intern responsibilities and expectations of the consortium:

1. The intern has the responsibility to read, understand and clarify, if necessary, the statement of rights and responsibilities.
2. The intern has the responsibility to maintain behavior within the scope of the APA Code of Ethics.
3. The intern has the responsibility to behave within the principles set forth by the statutes and regulations of the American Psychological Association.
4. The intern has the responsibility to be open to professionally appropriate feedback from supervisors, faculty, peers, and staff.
5. The intern has the responsibility to give constructive feedback that evaluates the internship training experiences.
6. The intern has the responsibility to conduct oneself in a professionally appropriate manner with administration, clinical field supervisors, faculty, staff, and fellow interns.
7. The intern has the responsibility to meet training expectations by refining and applying theoretical and empirical knowledge, as well as clinical skills, in psychological assessment, intervention, consultation/education, management/supervision and cultural and individual diversity.

Sources of Evaluation

Interns are monitored and evaluated regularly throughout their internship training year, both informally and formally. They are evaluated on the application of theoretical and empirical knowledge, clinical skills, professional attitudes and behavior, and on their ethics and values. Feedback regarding an intern's performance is attained from a variety of sources, such as administration, clinical field supervisors, faculty, staff, and fellow

interns. The following sections provide further information about these expectations and the formal evaluations that take place.

Information about Expectations

1. Theoretical and Empirical Knowledge – interns are expected to refine and apply knowledge and competence in the areas of psychological assessment, intervention, consultation/education, management/supervision and cultural and individual diversity. Interns are also expected to exhibit competencies in critical thinking and writing.
2. Clinical Skills – interns are expected to refine and apply skills and abilities in rapport-building with clients and other professionals, as well as in assessment, intervention, professional judgment and ethical awareness, cultural sensitivity, case management, report writing, supervision, education, consultation, self-reflection, self-reflexivity, and self-evaluation, education.
3. Professional Attitudes and Behavior – Interns are expected to conduct themselves in a manner consistent with the profession at all times. Professional conduct includes maturity, integrity, and respectful interpersonal relationships with all individuals. Demanding, threatening, or rude behavior is inconsistent with the identity of a professional psychologist.
4. Ethics and Values – Interns are expected to adhere to the principles of the APA Code of Ethics.

Formal Evaluations

Student's performance while on internship is evaluated two times per year (February and August) by the intern's site supervisor.

Outside Work

The participation of interns in outside work activities should be secondary to training and should also uphold and be consistent with the ethical and legal standards of the profession. Interns are specifically prohibited from being involved in private practice unless the following standards developed by the consortium are met (failure to comply with these policies may result in dismissal from the program):

1. Any intern who has appropriate state registration, certification, credentialing, or licensure relevant to the practice and delivery of mental health services is entitled to practice independently in that particular area of registration or certification.
2. It is the responsibility of any intern engaged in private practice to notify the LMIC DOT of this private practice and to provide evidence of appropriate current registration, certification or licensure by the state in which the practice occurs.

Nondiscriminatory Policy

LMIC has a policy of nondiscrimination against interns with regard to race, age, gender, ethnic background, and sexual identity.

Member sites are expected to conduct their selection and training in a nondiscriminatory manner. Sites are expected to select applicants without regard to race, gender, age, ethnic background, religion, disability, sexual identity unless they have compelling legal or

therapeutic reasons for limiting the applicant pool. Sites that have a selection policy that disallows students based on any of the above criteria must notify the LMIC DOT and clarify the legal and/or therapeutic rationale for such policies.

Pre-doctoral Internship Application Guidelines

The application process follows APPIC Match guidelines. Applicants must have completed the following pre-requisites prior to beginning internship.

1. Admission to candidacy for the Psy.D. from an approved training program in clinical psychology, completion of all course work, and completion of supervised practice prior to beginning internship
2. Good academic standing in such clinical program
3. Completion of clinical practica in assessment and therapy, with a minimum of 1,200 hours of pre-residency practicum experience

The following completed application materials must be received by the 12/1/10 deadline for the application to be considered:

- 1) APPIC Application for Psychology Internship (APPIC). This is available at www.appic.org
- 2) Three letters of recommendation from supervisors and faculty familiar with the applicant's clinical work and who are also willing to discuss applicant's qualities with regard to internship readiness and appropriateness
- 3) Statement of Readiness Form from the Clinical Training Director in the applicant's graduate program
- 4) Official transcripts of completed graduate courses

Candidates who are seriously being considered for acceptance will be scheduled for interviews during early January. Face to face interviews are required. Interviews will be granted at the discretion of the Internship Oversight Committee.

Candidates will be offered internship positions on match day by the National Matching Services and in accordance with Association of Psychology Postdoctoral and Internship Centers (APPIC) policy. For further information from the National Matching Services contact www.natmatch.com/psychint or call (416) 977-3431. For additional information from APPIC contact www.appic.org

Address application materials and inquiries to Dr. Jenine Chiles, LMIC DOT at address on face sheet.