

Child & Adolescent Clinical Psychology
Training Program Brochure

STREAMWOOD BEHAVIORAL HEALTH
CENTER

January 2008

SBHC MISSION STATEMENT

Streamwood Behavioral Health Systems is dedicated to providing comprehensive multi-level behavioral health programs for the children and adolescents of our community. Through a continuum of services, we strive to improve the quality of life for our consumers, their families and the community.

Streamwood Behavioral Health Systems supports its employees through continuous and direct communication and ongoing professional development in order to maintain an environment which recognizes the unique contribution of each employee.

Streamwood Behavioral Health Systems, through effective resource management and utilization, strives to maintain fiscal responsibility by productively embracing the principles of individualized treatment and comprehensive case management services.

These goals can be assured by an uncompromising commitment to service quality and consumer satisfaction.

Identity

We are committed to creating opportunities for individuals and their families that enable and empower them to build and utilize healthy existing emotional, behavioral and social resources in their home, school and work environments.

Values

We value partnerships with individuals, their families and the community, practicing and communicating the beliefs that partners are capable of sharing knowledge, skills and resources that leave all participants better off after entering into a cooperative relationship.

Intentions

We will maintain integrity in our partnerships with individuals, their families and community, providing only the services mutually agreed upon that will empower and be supportive of parallel growth for all.

Through an extensive range of care levels and locations coupled with accountability in our actions, tracking of outcomes based on customer needs, case management and wellness education, we envision the highest quality service and customer satisfaction in behavioral health in the area.

CUSTOMER SERVICE PHILOSOPHY

Our philosophy is simply based on matching options to needs by building partnership with our customers. We have built into our system a flexibility which ensures that customer's expectations are met.

The customer has a wide array of options to choose from which range from preventative services, outpatient counseling up to inpatient treatment, *all* designed to meet their own or their patients individual needs. There is no predetermined or standardized plan of treatment being used at Streamwood Behavioral Health Systems.

We have positively refocused the concept of behavioral healthcare by bringing treatment services back into the community. Our focus is on building on individual's existing strengths and establishing supports within the community they live. Streamwood Behavioral Health Center accomplishes its customer service philosophy by practicing customer service principles in everyday interactions.

TREATMENT PHILOSOPHY

At Streamwood Behavioral Health Systems we believe that the treatment of behavioral health issues is a privilege and responsibility. Mental as well as physical illness brings pain, unhappiness and impairment in the ability to exercise those human qualities we value most, judgment, freedom and responsibility.

We strive to be receptive to the uniqueness of each individual. Our service delivery structure makes it possible to provide a complete continuum of options, which are customized to the individual's clinical profile, level of motivation, place of residence and lifestyle. Individuals can be moved in and out of treatment level intensities based on their continuously assessed clinical profile.

Through program diagnostic procedures, as well as conscientious attention to what the individual says, does and feels, we seek to understand their unique situation and develop from this understanding an atmosphere of caring and concern, as well as program of individualized treatment for each individual's situation.

The Medical Staff of Streamwood Behavioral Health Systems consists of admitting/attending physicians and the treatment staff who are responsible for patients and their course of care. Streamwood Behavioral Health Systems partnerships with others in the community, providing mental health services, so that the patient develops care linkages that extend into their community environment.

Child & Adolescent Clinical Psychology Advanced Practica, Pre and Post Doctoral Internship Goals, Standards and Objectives

SBHC's pre-doctoral internship, post-doctoral internship and advanced practica are committed to providing intensive training to student/professionals interested in child and adolescent psychology with a diverse inpatient and residential (pre-doctoral only) population. All student/professionals are expected to apply theoretical knowledge, develop and implement clinical skills and cultivate personal and professional attitudes that are consistent with being a clinical Psychologist.

The foundation of SBHC's doctoral training program is the comprehensive and accurate assessment of Child and Adolescent strengths and weaknesses to address clinical difficulties. With accurate assessment, the student/professional is able to recommend and implement techniques to decrease the clinical barriers/illnesses within or surrounding the child. Ethics are consistently explored and applied in all clinical applications.

Psychological Services is relied upon for diagnostic assessment, treatment planning and building the skills of the patients through an understanding of their cognitive, emotional and adaptive abilities. Intern's/advanced practicum students are viewed as student practitioners. They work along side of other seasoned professionals and are relied upon to exhibit consistent professional behavior. Testing must be completed quickly and treatment interventions must be applied adeptly in today's fast paced managed care environment.

Full-time interns and practicum students are expected to complete 12 calendar months. Part-time interns will complete 24 calendar months. Our program is ideal for motivated and mature interns and advanced practicum students who are committed to the field. Pre-doctoral Interns and advanced practicum students will carry a caseload of inpatient and residential clients and will be asked to complete psychological test batteries. The Post-doctoral interns will work exclusively in an inpatient setting completing test batteries and carrying a caseload of patients. Intensive supervision of all aspects of clinical work is mandatory. Interns and advanced practicum students will be expected to develop proficiency in writing treatment plans, conducting staffings, communicating with and coordinating all aspects of short-term inpatient and long term residential (pre-doctoral only) treatment for their patients. Clerical support is not available beyond typical medical records duties. Interns and advanced practicum students will be expected to take their basic skills in psychodiagnostics and become proficient in administering, scoring and writing a complete and professional report. This will include: clinical interview, interviews with collaterals, mental status exam, cognitive measures, adaptive behavior scales, psychoeducational testing, object and projective personality tests, behavioral questionnaires, etc. There is no mandatory number of batteries to be completed. The Director of Psychological Services will assign batteries with consideration for the amount of time that the intern or advanced practicum student has committed to their inpatient caseload.

During supervision the intern's/advanced practicum students strengths in conceptualizing from multiple theoretical perspectives will be assessed. It is expected that

interns/advanced practicum students will demonstrate an openness to, and ability to think about their patients from multiple perspectives (psychodynamic, cognitive behavioral(DBT & RET), family systems, diversity issues, developmental perspectives). The intern/advanced practicum student will attend group supervision two times on a weekly basis and when asked, will present cases for peer review and supervision. Group supervision is conducted with clinical staff including psychiatrists, post-doctoral interns, practicum students and Master's level therapists. **SBHC has an affiliation agreement with the Diagnostic Center of Woodfield and Dr. David Jezl to attend their group supervision. In this manner we meet the requirement for our intern of having a training cohort.** Interns are also encouraged to find and request approval to attend trainings of interest in the local community. There is a modest budget for these training opportunities.

SBHC has two full time licensed psychologists and twenty contractual psychologists. Interns/advanced practicum students will have a work station, computer access and access to all psychodiagnostic equipment.

Pre-doctoral Interns and advanced practicum students will carry a caseload of inpatient and residential clients and will be asked to complete psychological test batteries. These interns will conduct multidisciplinary staffings and collaborate with the attending psychiatrist, educational staff, parents/caregivers and other collaterals. The Post-doctoral intern will work exclusively in an inpatient setting completing test batteries and carrying a caseload of patients. These interns will also conduct multidisciplinary staffings and collaborate with the attending psychiatrist, educational staff, parents/caregivers and other collaterals. Intensive supervision of all aspects of clinical work is mandatory. Interns will be expected to develop proficiency in writing treatment plans. Interns will be expected to take their basic skills in psychodiagnostics and become proficient in administering, scoring and writing a complete and professional report. This will include: clinical interview, interviews with collaterals, mental status exam, cognitive measures, adaptive behavior scales, psychoeducational testing, object and projective personality tests, behavioral questionnaires, etc.

About 60% of students time is spent in direct service.

Interns/advanced practicum students will also attend weekly rounds meetings on two of the three units. Rounds last for approximately one hour(two units = 2 hours). These meetings address clinical, teamwork and administrative issues on the units. Complex cases are explored in some detail. Interns/advanced practicum students are also encouraged to find and request approval to attend trainings of interest in the local community. There is a modest budget for these training opportunities.

Staff Information:

Training Director: Shawn Daugherty, Psy.D

Number of Full-Time Licensed Doctoral Level Psychologists on Staff: Two – Shawn Daugherty, Psy.D. & David Ventrelle, Psy.D.

Number of Part-Time Licensed Doctoral Level Psychologists on Staff: Twenty (contractual)

Phone: 630-837-9000(Dr. Daugherty)
630-736-2740(Dr. Ventrelle)

Fax: 630-483-5552(Dr. Daugherty)
630-736-2763(Dr. Ventrelle)

E-Mail: shawn.daugherty@psysolutions.com &
david.ventrelle@psysolutions.com

Dr. Daugherty and Dr. Ventrelle work collaboratively on training, including selection, evaluation, goals/activities and documenting student/professionals progress. Dr. Daugherty is the Director of Psychological Services including training. Drs. Ventrelle and Daugherty will provide two hours of individual supervision in total. Group supervision will be at least two hours a week and may be conducted by Drs. Ventrelle and/or Daugherty and may be conducted by the Medical Director or one of the contractual licensed Psychologists. For psychological reports, either Dr. Daugherty or Dr. Ventrelle will sign off. For treatment plans, the Director of Inpatient Social Services will be signing off.

Position Information:

Start Date: Negotiable From beginning to end of August

Number of Intern Positions Available: 3 total – 1 predoctoral and 1 post-doctoral and 1 advanced practicum student

- **SBHC has an affiliation agreement with the Diagnostic Center of Woodfield and Dr. David Jezl to attend their group supervision. In this manner we meet the requirement for our intern of having a intern cohort.**

Stipend: \$15 per hour for Post-doc and minimum wage for predoctoral internship; no pay for Advanced practicum

Benefits:

Vacation: Post-doc – yes Pre-doc - yes

Sick Leave: Post-doc – yes Pre-doc - yes

Comp Time: No

Dissertation Release Time: No

Licensing Exam Release Time: available but not paid

Professional Development Time: Yes

Application Process:

Application Due Date: December 31 for intern and post-doc March 1st for advanced practicum

Application Packet:

Cover Letter - Yes

Curriculum Vitae - Yes

AAPI (APPIC Application for Psychology Internship) - Yes

Graduate School Transcript(s) - Yes

Director of Training Letter of Eligibility and Readiness - Yes

Letters of Recommendation - Three

An onsite interview is required

Students should contact our program via mail or e-mail

Applicant Requirements:

US Citizenship is not a requirement but proof of eligibility to work in the United States is a requirement. We complete the I 9 form as required by law.

Master's Degree completion is preferred but not a requirement.

Minimum Number of Total Intern Hours: 2000 1200(practica hours)

Minimum Number of Years of Graduate Training: 3 for pre-doc intern and advanced practicum, 4 years for post-doc intern

Background check will be conducted as well as a drug screening

Training Opportunities:

“M” indicates a Major Rotation and “I” indicates a Informal/Minor/External Rotation

Populations

Children - M
Adolescents - M
Adults - None

Older Adults - None
Inpatients - M
Outpatients - None
Gay/Lesbian/Bisexual/Transgendered - I
Ethnic Minorities - M

Spanish-Speaking - I
Deaf/Hearing-impaired - I
Students – Primary and
Secondary Ed. - I
International Students - None
Rural - M
Urban - M
Low Income - M
Homeless - I

Treatment Modalities

Individual Therapy - M
Couples Therapy - I
Family Therapy - M
Group Therapy - M

Community Intervention - M

Consultation/Liaison - I
Crisis Intervention - M
Brief Psychotherapy - I
Long-Term Psychotherapy –
None
Cognitive Rehabilitation -
None

Specialty Areas

Health Psychology - I
Primary Care - None
Women's Health - I
HIV/AIDS - I
Eating Disorders - I
Sexual Disorders - I
Sports Psychology - None
Rehabilitation Psychology - None

Physical Disabilities - I
Learning Disabilities - M
Developmental Disabilities - M
Assessment - M

Neuropsychology – Adult - None

Neuropsychology – Child - M
Serious Mental Illness - M
Trauma/PTSD - M
Sexual Abuse - M

Substance Use Disorders - I
Forensics - I
Sexual Offenders - I
Geropsychology - None
Pediatrics - M
School - I
Counseling - None
Vocational/Career
Development – None
Multicultural Therapy - I
Feminist Therapy - None
Religion/Spirituality - I
Empirically-Supported
Treatments – I
Public Policy/Advocacy -
None
Development/Evaluation - I
Supervision - I
Research - I
Administration - I

SBHC TRAINING DEPARTMENT

Procedure for addressing training concerns:

The training department is committed to consistent and direct feedback with students regarding their performance during advanced practicum, internship and/or post-doctoral internship. As such, interns/advanced practicum students will be given feedback regarding all aspects of training: professionalism, paperwork, diagnostic skills, therapeutic skills, self-awareness. This will typically be communicated verbally during supervision and in written fashion (mid-year and final evaluation). The SBHC training department understands that development as a clinician is a rigorous process that can be stressful. Initially, if performance concerns exist, they will be addressed verbally in supervision. If the advanced practicum student, intern or post-doctoral intern is not making acceptable progress, a written letter will be given to them restating the concerns and steps for remediation. If the advanced practicum student, intern or post-doctoral intern is still not making acceptable progress, the Director of Training will contact the Office of Training and Placement at the interns/advanced practicum students school to set up a meeting with school officials. At this meeting, concerns will be restated as well as the remediation plan. If significant progress is not made following this meeting the advanced practicum student, intern or post-doctoral intern will be expelled from SBHC.

Certain behavior will result in immediate expulsion from the facility and an ending of the training experience without the above stated process. Any behavior that is verbally or physically abusive or that places patients at imminent risk of harm will result in expulsion. This includes losing door keys that would give patients the ability to leave locked units. Advanced practicum students, interns or post-doctoral interns are never permitted to enter a patient's room without another staff member present nor are they allowed to conduct diagnostics or therapy outside of designated areas. Such behavior may also result in immediate expulsion.

Interns/advanced practicum students that have concerns about the training program will be expected to address those with the Director of Psychological Services informally or during supervision. If the intern/advance practicum student does not feel that their concerns are being reasonably addressed, they are encouraged to speak with the Chief Executive Officer who is the direct supervisor of the Director of Psychological Services. Interns/advanced practicum students are also encouraged to seek consultation with their school's Office of Placement and Training.

Intern/advanced practicum student

Shawn Daugherty, Psy.D.
Director of Psychological Services