

A Note from the VP of Academic Affairs

Welcome to the first edition of **PsyD Update** – a way to let you know what Argosy University's Clinical Psychology program is really like from the inside. Each issue will highlight interesting facts and perspectives about earning a PsyD at Argosy University, Chicago and introduce you to the students, faculty and alumni that make us who we are. I hope you enjoy this issue.

Susan V. Sances, PsyD
Vice President of Academic Affairs

Campus Update

Open House/Professional Conference July 22



Not only will it be the first ever Open House at Argosy University's new Chicago location, but it will be the first to take an innovative new Professional Conference-style approach. Prospective and accepted students won't want to miss this informative and involving event on July 22nd.

A Professional Conference

Our new approach to the traditional Open House will have the look and content of a professional conference. We'll start with a keynote speech by Dr. Ronald Kimberling, Chicago campus president, on Argosy University's approach to professional education.

After Dr. Kimberling's welcome, prospective students may choose among several small workshop presentations.

Topics will include our Study Abroad program, student research opportunities, our unique approach to diversity training, and others. PsyD students may be particularly interested in the workshop on our Personal and Professional Development program.

Make plans to join us Tuesday, July 22nd for our Open House/Professional Conference — to register call 1-800-377-0617 or [click here](#).

We've Moved!

Our new facilities at 225 N Michigan Avenue offer a number of exciting features, including:

- **71,000 square feet at the Illinois Center complex**
- **All new offices on the second floor for admissions, financial aid, registrar and student services**
- **All new classrooms, library, Academic Learning Center, computer labs, faculty offices and student lounge on the 13th floor**
- **Convenient location near dining, shopping, public transportation, the Pedway and thousands of businesses and offices in the Loop**

TIME	TOPIC	PRESENTER
6 – 6:20pm	What "professional" means at Argosy University (refreshments served)	Dr. Ronald Kimberling, President
6:30 –7pm	1. Argosy Study Abroad	Dr. Andy Suth
	2. Business in India	Dr. Bharat Thakkar
	3. Diversity at Argosy University — intimate and personal training	Dr. Penny Asay
7 – 7:30pm	1. Managing your finances as a student	Lyuda Berkoff
	2. Personal and Professional Development Program: a 25+ year tradition	Dr. Annemarie Slobig and Dr. Mark Kiel
	3. Diversity Research Presentations in Barcelona: Poster presentation	Argosy University, Chicago PsyD Students
7:30 – 8pm	Q & A about our programs (refreshments Served)	Program Chairs

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Featured Faculty

Professor of peace: representing APA at UN

Neal S. Rubin, PhD, ABPP – a professor at Argosy University, Chicago – is a member of a team that represents the American Psychological Association (APA) at the United Nations. Dr. Rubin and his colleagues use their expertise in human behavior to help develop and implement psychologically informed global policies that respect human rights and promote human welfare.

The team provides international policy makers and their staff with research-based psychological information and resources pertinent to the behavioral dimensions of social issues. Dr. Rubin has written and spoken extensively about the successes and risks of peacekeeping in securing the safety of communities throughout the world.

The Psychologist, Social Responsibility and the United Nations

As citizens of the world, we are all interconnected as never before. As psychologists, we want to foster a world where human rights are respected and all peoples live safe and dignified lives. In so doing, we are fulfilling our profession's commitment to social responsibility. That's why psychologists are entrusted with their role in promoting human dignity on the world stage at the United Nations.

Psychologists contribute to the world community at the U.N. as members of non-governmental organizations. NGOs represent civil society and fulfill the charter of the U.N. by creating and advancing a range of initiatives. Our shared goals include:

- Raising global consciousness on vital issues
- Nurturing cooperative and effective networks
- Developing preventative approaches to global challenges
- Educating for peace, tolerance and harmony

Argosy University, Chicago supports the contributions of Dr. Rubin and his APA colleagues at the United Nations, and is proud to have him teaching our students.

The American Psychological Association (APA) holds special consultative status with the Economic and Social Council (ECOSOC), and is affiliated with the Department of Public Information (DPI), as well as accredited to the United Nations Children's Fund (UNICEF).

Neal S. Rubin, PhD, University of Chicago, has been a faculty member since 1987. He teaches courses in severe psychopathology, and psychoanalytic theory and therapy. Dr. Rubin is also a faculty member in the Department of Psychiatry at the University of Illinois at Chicago, College of Medicine, and is a former Chief Psychologist at the Psychosomatic and Psychiatric Institute of Michael Reese Hospital. Dr. Rubin also has interests in human rights, global psychological perspectives and secondary traumatization.

Collaborating on pressing global issues

- Ageing
- Children's rights
- Climate change
- Gender equality
- Health and mental health
- HIV/AIDS
- Human rights
- Multiculturalism
- Peace and conflict resolution
- Persons with disabilities
- Racism and all forms of xenophobia
- Universal education
- Violence
- Women's rights

Since 2003 he has served as a Special Projects Affiliate of the American Psychological Association's United Nations NGO Team at U.N. Headquarters in New York. Dr. Rubin is on the Executive Board of Division 52 (International Psychology) of the APA and currently serves as the division's liaison to the APA's Office of Ethics, addressing the ethical challenges of psychologists in international settings.

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Leading the way in PsyD

Argosy University as PsyD pioneer: 33 years and counting

Argosy University has had a significant impact on the training of professional clinical psychologists, first in Chicago and eventually nationwide. In fact, the histories of both the PsyD movement as a whole, and of Argosy University as a national institution, are intimately linked.

The human side of success

Today, our Clinical PsyD program supports the overall Argosy University mission of interpersonal effectiveness. In fact, our mission statement is actually based on the training model our PsyD program established over 30 years ago. The Chicago campus remains the epicenter of our nationwide status as a leader, thanks to the dedication, vision and talent of our exceptional students and faculty.

A tradition of leadership

There are now 13 Argosy University campuses nationwide that offer the PsyD program through The American School of Professional Psychology. This continues the traditions of a group of clinical psychologists and professors who, in 1975, formed The Illinois School of Professional Psychology (ISPP). The emphasis was on clinical training and application of theory and research, instead of the research-oriented approach of the traditional PhD degree intended to prepare people for academic careers in psychology. This effort ultimately led to offering the PsyD degree in 1979 – becoming only the second institution in the nation to do so. By the 1985-86 academic year, the program had become APA-accredited.

Innovations along the way

In 1987 – favoring formal group training, therapist-focused supervision and experiential learning – the faculty began re-shaping aspects of the doctoral curriculum. At our Chicago campus, the new Personal and Professional Development (PPD) course employed an experiential learning model in a group format, to make the students' interpersonal, psychological and/or emotional development the focus of the class. The course debuted in 1988, and has been the centerpiece of the program ever since. Argosy University continues to lead the way in clinical psychology learning, here in Chicago and across the nation.

The Doctor of Psychology in Clinical Psychology Program at Argosy University, Chicago is accredited by the Commission on Accreditation of the American Psychological Association (APA) (750 First Street, N.E., Washington, DC 20002-4242, 1.202.336.5979).

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Study Abroad Program

History & Systems Class goes to Greece

This spring, 27 PsyD students from Chicago and two other Argosy University campuses moved out of the classroom for a unique learning experience in Athens, Greece.

The required History & Systems course took place in the ancient birthplace of history and philosophy. Argosy University professors Drs. Andrew Suth and David Van Dyke led professional exchanges with Greek professors and graduate students at the American College in Greece, and at the University of Athens. Additional excursions involved observing applied psychological services in action at various private and public hospitals and clinics.

Students toured sites of cultural importance such as the Parthenon, the National Archaeological Museum, the ancient Minoan ruins of Knossos Palace, and the Oracle of Delphi. Class discussions gained depth and context when held on a hotel rooftop overlooking Athens, on a ferry to the Greek Islands, and even at seaside cafés in Crete and Santorini.

Students taking part in Argosy University's study abroad program gain numerous advantages including, an understanding of cultural influences, critical thinking about foundational assumptions, an expanded worldview, and deeper relationships with fellow students and professors – all of which enhances their academic and clinical skills.

Previous Argosy University, Chicago study abroad courses have included Contextual Family Therapy, and Mourning & Loss, offered in Amsterdam in 2005 and 2006. To find out more about future study abroad opportunities email Dr. Suth at asuth@argosy.edu.

Andrew Suth, PhD, *University of Chicago*, is interested in mourning and loss, life-span development, clinical treatment issues, theoretical underpinnings of psychology, and psychodynamic and contemporary psychoanalytic theory. He also has a particular interest in adolescent parenting as well as non-traditional parenting. Research and Clinical Research Project interests include developing a conceptual understanding of the meaning of both physical and psychological loss, case analyses around particular issues in treatment and meaning making as understood using qualitative research. Dr. Suth teaches courses on Forms of Human Dysfunction, Mourning and Loss, Human Development and Psychological Assessment. He maintains a private practice in Chicago and Northfield, IL.

David J. Van Dyke, PhD, *University of Georgia*, is an Assistant Professor in the Clinical Psychology program. He is the coordinator of the Family Psychology Minor. He received his MS in Marital and Family Therapy from Fuller Theological Seminary and his PhD in Child and Family Development from The University of Georgia. He has over 10 years of clinical experience, including a post-doctoral fellowship in Family Systems and Health from the Chicago Center for Family Health. Dr. Van Dyke has experiences working in hospitals, academic and private practice settings, and his licensure is a Licensed Marriage and Family Therapist (LMFT). Dr. Van Dyke is an active clinical member in the American Association for Marriage and Family Therapy. He holds an adjunct faculty position at the Chicago Center for Family Health. His clinical areas of interest involve working with children and adolescents in the context of their families and couple relationships. His current research project addresses the onset of chronic illness and its affect on adolescent development and family functioning. Dr. Van Dyke teaches about adolescence, supervision, religiosity, and family & marital therapy.

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The Student Experience

3 more local students awarded DFI Fellowships

Three Argosy University, Chicago doctoral students were awarded prestigious DFI Fellowships (Diversifying Higher Education Faculty in Illinois) for the 2008-2009 academic year. In addition, two of our students who won DFI awards last year received second-year awards.

The DFI Fellowship program was created to diversify the faculties at higher education institutions in Illinois. As a way of encouraging underrepresented students to earn a post-baccalaureate degree, the award carries an annual stipend of \$20,000, and is renewable for three years. Our five students will receive a total of \$88,000 in DFI fellowship grants this coming academic year.

Dr. Ronald Kimberling, president of Argosy University, Chicago said, "This is an Illinois state program, so it is rather unique for a proprietary institution to have qualified for participation, and then to have five of its students receive these limited, prestigious awards." They are:

- Barbara Andrews-Thomas, DBA Program (renewed)
- Carmen Arellano, PsyD Program (renewed)
- Lynn Marie Brewer, PsyD Program (new)
- Angela Diggs, EDD CP Program (new)
- Audrey Wicks, EDD CI Program (new)

In the students' own words

"This is a wonderful experience," said Ms. Arellano, a Hispanic student in the Doctor of Clinical Psychology program. "I've turned 50 and it's totally the beginning of a new life as a full-time student. I believe you should stick to your mission and when you complete it, you don't profit alone. If you see someone with an interest, you must help them." Ms. Andrews-Thomas, another award recipient, agrees. "It was beautiful to see so many minority students who all hold the same goal of working in education," she said. "We're all able to benefit the community by giving back."

Keeping good company

"What may be less apparent on the surface is the distinguished company we are keeping," Dr. Kimberling continued. "As the chart (produced by the Illinois Board of Higher Education) reveals, Argosy University, Chicago is **the ONLY proprietary institution of higher education in the state** to have students who qualified for DFI Fellowships. Moreover, with three new student awards out of a total of 43 awarded statewide, we received as many new fellowships as the University of Chicago, and MORE fellowships than institutions such as DePaul University, Loyola University, Northern Illinois University, Southern Illinois University, etc. This reflects well on the quality of students admitted to our programs of study and the excellent academic preparation they are receiving from our faculty prior to their submitting applications for DFI funding. Special thanks also should be given to the Student Finance Department and Toni Hopkins for assisting these students with fellowship applications."

Congratulations to all!

Total New & Renewed DFI Awards (New awards in parentheses)	
38	University of Illinois at Urbana-Champaign (12)
27	University of Illinois at Chicago (10)
19	Northwestern University (5)
16	Northern Illinois University (3)
12	Loyola University (1)
8	University of Chicago (3)
6	DePaul University (2)
6	Southern Illinois University, Carbondale (1)
5	Argosy University (3)
4	Northeastern Illinois University (3)
3	National-Louis University (0)
2	Adler School of Professional Psychology (0)
2	Chicago State University (1)
2	Governors State University (0)
1	Illinois State University (0)
1	Rush University (0)
1	School of the Art Institute of Chicago (1)

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Argosy University Administration | 205 N. Michigan Avenue, Suite 1300 | Chicago, IL 60601

Argosy University is accredited by the Higher Learning Commission and a member of the North Central Association (NCA) (30 North LaSalle Street, Suite 2400, Chicago, IL 60602, 1.800.621.7440, www.ncahlc.org)



August 2008

A Note from the VP of Academic Affairs

Whether you are already a PsyD student at Argosy University, Chicago, or you are thinking about joining us, today's **PsyD Update** gives you a glimpse of the type of professionals who graduate from our program.

In particular, we highlight a graduate who heroically addressed the needs of the student body at Northern Illinois University following the shooting deaths of six students in February. This is just one example of what Argosy graduates may be called on to do with their training.

Susan V. Sances, PsyD
Vice President of Academic Affairs



Chicago Campus News

New Chicago Campus Library is a great place to study and research

Culminating with the recent move to its new location, the Library of Argosy University, Chicago significantly increased its electronic resources and greatly expanded the study, teaching and research opportunities for faculty and students, including those in Clinical Psychology. The new Library is attractive, bright and comfortable – an ideal setting in which to work, alone or in groups.

Professional and other online resources bolster Argosy University's mission of providing students with practical training they can put to work right away in the real world. Current offerings include:

Professional resources	Online databases	Online reference and writing tools
Psychiatry Online Psychoanalytic Electronic Publishing Proquest Digital Dissertation Mental Measurements Yearbook	EBSCO LIRN OCLC First search Proquest Digital Dissertation E-brary Netlibrary	RefWorks APA Style Helper SPSS NVivo7 Other testing tools for psychological practice

Library Orientation and Education, and Information Literacy

All new students receive library orientation, and supplemental instruction sessions are held throughout the year (Psychology students attend the library instruction class through their professionalization groups). You'll learn how to:

- Obtain a more detailed knowledge of library services and resources by programs
- Employ proven methods for effectively using online databases
- Implement searching strategies and basic research methods
- Find materials in the library and search the library website at auchicagolib.org

Circulation and Interlibrary Loans

Search and reserve materials not only from the Chicago campus library, but also from over 1,500 other libraries nationwide (including the 18 other Argosy University campuses). Library staff is here to help you with interlibrary loans of books as well as articles whose full text is not available online.



Required Textbooks

The library has a reserve section where you can preview most of the required textbooks and reading materials and reference titles for current courses.

\$75 Library Card Reimbursement

Students at our Chicago campus can use all State University and public libraries. The cost of other library cards will be reimbursed by Argosy University up to \$75.00 per year.

The library at Argosy University, Chicago supports all academic programs, including Clinical Psychology. Its collection contains audio/visual materials, electronic/online resources, and printed materials including, books, journals, testing materials, manuscripts, dissertations, and periodicals. The website provides access to library materials 24/7 – visit it at auchicagolib.org.



Argosy University Overseas

Big in Barcelona

by Dr. Susan Bae,
Argosy University, Chicago

I wanted to share some exciting news! This June, Argosy University students, faculty, and alumni presented conference papers at the Society for Psychotherapy Research's annual conference in Barcelona, Spain.

SPR is one of the oldest and most active professional organizations in our field. For the past four years, I have been presenting with students and other faculty members at their annual conferences. It is always a very exciting opportunity and I encourage everyone to consider presenting his or her work there.

This year, we had a total of 7 current students, 4 faculty members, and 1 alum/adjunct who presented – I am especially thrilled about our students' success. Here are the papers that we presented in June in Barcelona:

- *Girls and Disruptive Behavior Disorders: Clinical Characteristics and Factors that Influence and Inform Social Competence*, by Kiela Bolden, Kathleen O'Brien, and Sue Bae
- *The Impact of Biofeedback Using the HeartMath emWave Stress Release System with Male African-American Children and Adolescents Who Suffer from PTSD as a Result of Community Violence*, by Jennifer Moss, Judy Flaxman, and Sue Bae
- *Cultural Diversity: Understanding Personality Styles of Korean and Chinese American Students*, by Sue Bae
- *Universality of Racial Stereotype Usage: An International Investigation*, by Carole Woolford-Hunt, Leslie Skaistis, Kimberly Shore, Jenna Stowell, Carmen Arellano, and Kat Zoltan
- *Racial Identity Development and Implicit Bias*, by Carole Woolford-Hunt, Kimberly Shore, and Leslie Skaistis
- *A Psychoanalytic Study of an Artist and His Painting*, by Carolyn Montford and Sue Bae

Next year, Chile!

Next year, SPR's annual conference is in Chile. I am always looking for students who want to present their papers or simply participate in the conference. If you are interested in presenting next year in Chile, please email me at sbae@argosy.edu. I will guide you through the entire process, from deciding on a research project to writing up the proposal and preparing the final presentation.

Sue Bae, Ph.D., University of Chicago, is interested in cross-cultural psychology, professional development of psychotherapists, multicultural counseling, supervision and mentoring, and international psychology. Dr. Bae has been working with diverse populations including children, adolescents, and adults in residential, outpatient, and community mental health settings. In addition to being a clinician, she also works as a diversity consultant. She has been teaching courses in the area of student professional development, cultural diversity, clinical skills, and psychotherapy practice. She is actively involved with American School of Professional Psychology students. Dr. Bae can be reached at 312-777-7682 or via email at sbae@argosy.edu.

For more information on SPR visit psychotherapyresearch.org

Leading the way in PsyD

Fostering Intellectual Diversity

Your training for a career as a professional psychologist should prepare you to choose the orientation(s) that fit you, both philosophically and personally. Argosy University, Chicago's Clinical PsyD program of study offers you the opportunity to learn psychology from a number of different theoretical approaches.

Because our faculty have many different ways of understanding human behavior and how to affect the process of change, you learn to think from different psychological perspectives.

There are many theoretical orientations in clinical psychology – our faculty represent a rich array with several individuals teaching in each of the four most widely utilized:

- Psychoanalytic
- Humanistic / Client-Centered
- Family Systems
- Cognitive Behavioral

Chicago campus students have the opportunity to take advanced elective courses in these and other approaches. And you can pursue your choice of concentrations, any of which allows you to focus on your interest area while simultaneously building a strong foundation in multiple approaches to therapy.

Faculty Diversity – teaching from experience

Each concentration is headed by a faculty member who is a mentor to its students – they are experts in their specific approaches, and teach students how to work with a wide diversity of clients. In addition, special events such as film nights, faculty hosted barbecues, and invited speakers are sponsored for the concentrations each year.

For more information about our theoretical orientation concentrations, contact Dr. Annemarie Slobig, Department Chair, at aslobig@argosy.edu.

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PsyD Concentrations at Argosy University, Chicago

- Psychoanalytic
- Client-Centered
- Family Systems
- Health Psychology (Cognitive Behavioral)
- Child & Adolescent Psychology
- Diversity Psychology
- Forensic Psychology
- Organizational Consulting
- Psychology & Spirituality

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Featured Faculty & Alumni

NIU shooting spurs 350-person counseling team led by Argosy University alumnus

On February 24th, Argosy University alumnus Dr. Micky Sharma led a university outreach endeavor enormous in both size and importance.

The impetus was the tragic shooting that killed six at Northern Illinois University in DeKalb, Illinois.

In just under 5 hours, Dr. Sharma, current Director of NIU's Counseling Center, organized the mass of over 350 mental health professionals and volunteers; he was assisted by the counseling center's staff and a host of support personnel. The team also included Argosy University, Chicago Clinical Psychology faculty Drs. Charles E. Davis, Mark Kiel and Eliezer Schwartz.

In the course of that afternoon the volunteers' credentials were registered, coverage schedules were assigned, and the 350 professionals were oriented to their task, duties and university circumstances. By the end of the day the volunteers were integrated into the university community as students returned to campus and a community-wide service was held for the victims and survivors of the shooting. This integration helped provide continuity for students and volunteers alike.

A new normal

The university counseling center served as home base and an organizational center for the outreach that had to be planned and implemented in days and hours, rather than weeks and months. As classes resumed the following Monday and Tuesday, a mental health professional was in each and every classroom offering psychological first aid, psycho-education and logistical support for ongoing counseling services.

Remembrance and honors

This fall, the Organizational Consulting concentration of Argosy University, Chicago's Clinical PsyD program will offer a common hour entitled "The First Day Back: The Holding Environment at Northern Illinois University." And in November, Dr. Sharma will be recognized as Outstanding Alumni of the Year at our commencement ceremony.

Micky M. Sharma earned his Doctor of Psychology in Clinical Psychology at the Illinois School of Professional Psychology (now Argosy University, Chicago). He is a Licensed Clinical Psychologist and Director of the Counseling and Student Development Center at Northern Illinois University. He joined the CSDC staff in 2007. Dr. Sharma's career has focused on university counseling centers and has spanned across five previous centers. His work in counseling centers has included administrative responsibility for both the clinical operations and training aspects of this setting.

Dr. Sharma is a past board member of the Association of Counseling Center Training Agencies (ACCTA). His therapeutic approach is interpersonal, with an emphasis on the relationships in one's life. Special areas of interest include: multiculturalism and diversity, professional consultation and collaboration, eating disorders, training and supervision.

Charles E. Davis, Ph.D., University of North Carolina-Chapel Hill, has extensive experience in the treatment of children, adolescents, adults and their families as well as working with the developmentally disabled. Dr. Davis has consulted or worked in a variety of mental health and educational settings, including community mental health centers, public schools, therapeutic day schools, and psychiatric hospitals.

Dr. Davis' interests are in the areas of child and adolescent depression; conduct disorders, oppositional defiant disorder, ADHD, family therapy, adolescent substance abuse, the development of self-esteem, cross-cultural mental health issues, programming for the developmentally disabled, and mental health administration.

Dr. Davis can be reached at 312-777-7684 or via email at cdavis@argosy.edu

Mark Kiel, Psy.D., Illinois School of Professional Psychology, is a clinical psychologist and an Associate Director of the Training Department at Argosy University, Chicago's American School of Professional Psychology. In addition to his administrative responsibilities, Dr. Kiel is core faculty and teaches Professionalization Groups, Clinical Seminars, and Personal and Professional Development groups. Dr. Kiel is particularly interested in Psychodynamic and Psychoanalytical theory and enjoys teaching the clinical applications of this model in seminars and groups.

His other interests include group and organizational psychology, Group Relations training, and experiential learning and supervision. His clinical work includes several years of experience at university counseling centers, including short and long-term psychotherapy with college students, the supervision of counseling and clinical graduate students and coordinating multi-disciplinary treatment teams.

Dr. Kiel can be reached at 312-777-7671 or via email at mkiel@argosy.edu

Eliezer Schwartz, Ph.D., Illinois Institute of Technology. Dr. Schwartz has special interests in psychodynamic approaches to psychological assessments and intervention, and the integration of such approaches with neuropsychological correlates to behavior and psychopathology. In addition, he is interested in the integration of spirituality and psychology. A special topic of exploration is the field of Bio-Ethics and its impact on clinical practice.

Dr. Schwartz has more than 25 years of clinical experience with individuals, couples, and families. He has worked as a clinician and a consultant with schools, hospitals, rehabilitation programs, residential facilities, and outpatient clinics for children and adults. Dr. Schwartz has trained and supervised pre and post-doctoral clinical psychology trainees since 1979.

He has been on the faculty of Argosy University since 1981, teaching doctoral level courses in psychopathology, biological bases of behavior, neuropsychology, and psychopharmacology. He also offered consultation and supervision to students in seminars on psychodiagnostics and psychotherapy.

Dr. Schwartz can be reached at 312-777-7696 or via email at eschwartz@argosy.edu

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