

Name	Developed by	Year	Public Domain?	Clinical Population	Age Range	Cultural/Linguistic Relevancy	Research Conducted
<b>Depression Anxiety Stress Scales 21 (DASS21)</b>	Lovibond & Lovibond	1995	Yes	Depression and Anxiety	Adults	Unknown	
<b>Revised Children's Anxiety and Depression Scale (RCADS)</b>	Chorpita, B.	2006	Yes	Separation Anxiety, Generalized Anxiety, Panic, Social Phobia, Obsessions/Compulsions and Depression	Children (3-12)	Available in Spanish, Dutch, Chinese, and Danish	
<b>Brief Symptom Inventory</b>	Leonard R. Derogatis	1993	No	General Distress	13+	Available in Spanish	
Trimodal Anxiety Questionnaire (TAQ)	Lehrer, P. M. Woolfolk, R. L.	1982	Yes	Anxiety	Adults (Not known if it can be used with Children)	Unknown	
Anxiety Control Questionnaire (ACQ)	Rapee, R. M., Craske, M.G., Brown, T.A., Barlow, D.H.,	1996	Yes	Measure of perceived control over threatening events and reactions to threat	Adults, Children	Unknown	Lang, A.J. & McNiel, D.E. (2006) Use of the <i>anxiety control questionnaire</i> in psychiatric inpatients. <i>Depression &amp; Anxiety</i> (1091-4269); Vol. 23
Mood and Anxiety Symptom Questionnaire (MASQ)	Clark and Watson	1991	Unknown; appears you have to contact creator for	Anxiety and Depression	Adults	Unknown	(INTERLIBRARY LOAN) Boschen, Mark J.; Oei, Tian P.S.(2007). Discriminant validity

			informatio n				of the MASQ in a clinical sample. <i>Psychiatry Research</i> , Vol. 150 Issue 2, p163-171.
Positive Affect Negative Affect Schedule (PANAS)	Watson, Clark & Tellegen	1988	Yes	General Distress	Adults & Children	Unknown	<i>Muilenburg-Trevino &amp; Hellman</i> (2009). Positive-Affect Negative-Affect Schedule: A Reliability Generalization Study. Crawford, John R.; Henry, Julie D. (2004)The Positive and Negative Affect Schedule (PANAS):Construct validity, measurement properties and normative data in a large non-clinical sample. <i>British Journal of Clinical Psychology</i> , Vol. 43 Issue 3, p245-265.
Mobility Inventory for Agoraphobia (MI)	Chambless, Caputo, Jasin, Gracely & Williams	1984	Yes	Agoraphobia	Adults	Unknown	
<b>Penn State</b>	Chorpita,	1997	Yes	General	Children	Available in Korean	

<b>Worry Questionnaire for Children (PSWQ-C)</b>	Tracey, Brown, Collica, & Barlow			Anxiety/Worry	& Adolescents (7-17)		
Why Worry Scale II (WW-II)	Langlois et al.	1999	Yes	Worry	Adults	Unknown	Freeston et al. (1994). Holowka, Dugas, Francis, & Laugesen (2000).
Anxiety Sensitivity Index (ASI-R)	Taylor & Cox	1998	Unknown; appears you have to contact creator for information	Anxiety, Panic Disorder	Adults	Unknown	Arnau et al. (2009). Deacon, BJ, Abramowitz, JS, Woods, CM, Tolin, DF. (2003) The Anxiety Sensitivity Index - Revised: psychometric properties and factor structure in two nonclinical samples. Behav Res Ther;41(12):1427-49.
Social Phobia Inventory (SPIN)	Conner, Davidson, Churchill, Sherwood, Foa & Wesler	2000	Unknown; appears you have to contact creator for information	Social Anxiety/Social Phobia	Adults	Unknown	
Social Interaction Anxiety Scale (SIAS)	Mattick & Clarke	1989	Unknown; appears you have to contact	Social Anxiety	Adults	Unknown	Peters, L. (2000). Olivares, García-López & Hidalgo (2001)

			creator for information				
Social Phobia Scale (SPS)	Mattick & Clarke	1989	Unknown; appears you have to contact creator for information	Social Anxiety/Fear of scrutiny during routine activities	Adults	Unknown	Peters, L. (2000). Olivares, García-López & Hidalgo (2001)
<b>Automatic Thoughts Questionnaire-B (ATQ-B)</b>	Kendall, P.C., and Hollon, S.D.	1980	Yes	Measures the frequency of automatic negative statements about the self	Adults	Unknown	
Meta-cognitions Questionnaire 30 (MCQ-30)	Wells & Cartwright-Hatton	1999	CNL	Anxiety and Depression	Adults	Unknown	
Generalized Anxiety Disorder Scale (GADS-R)	Wells	2007	CNL	Anxiety	Adults	Unknown	
Thought Control Questionnaire (TCQ)	Wells & Davies	1994	Yes	Thought Control	Adults	Unknown	
<b>Comprehensive Coping Inventory (CCI)</b>	McKay & Zurita Ona	2007	Yes	Coping	Adults	Unknown	
<b>Patient Health Questionnaire-9</b>	Spitzer, Kroenke &	1999	No; Available	Depression (designed for a primary care	Adults	Unknown	

(PHQ-9)	Williams		online for personal study only	setting)			
<b>Quick Inventory of Depressive Symptomatology –Self Report (QIDS-SR16)</b>	Rush et al.	2003	Yes	Depression	Adults and Elderly	Available in Spanish	
<b>Frequency, Intensity, and Burden of Side Effects Rating (FIBSER)</b>	Developed for the NIMH-funded STAR-D protocol	2003	Yes	Depression; used to measure side effects of Antidepressants	Adults	Available in Spanish	
<b>Patient Rated Inventory of Side Effects (PRISE)</b>	Developed for the NIMH-funded STAR-D protocol	2003	Yes	Depression; used to measure side effects	Adults	Available in Spanish	
Dissociative Experiences Scale (DES)	Bernstein Carlson, & Putnam, F.W.	1986	CNL	Dissociation	Adults, Adolescent version available	Unknown	
Mini International Neuropsychiatric Interview (MINI)	Sheehan DV, Lecrubier Y, Sheehan KH, Amorim P, Janavs J, Weiller E,	1998	CNL-although Practice Ground Wiki website says it is	For diagnostic purposes	Adults	Unknown	

	Hergueta T, Baker R, Dunbar GC.						
Anorexia Nervosa Stages of Change	Rieger, E., Touyz, S.W., & Beumont, P.J.V.	2006	Yes	Anorexia Nervosa	Adults	Unknown	
Eating Disorders Examination Questionnaire (EDE-Q)	Fairburn & Beglin	1994	No	Eating Disorders/ Disordered Eating	Adult women	Unknown	
Eating Disorders Quality of Life Scale	Wisniewski, L.	2004	Yes; need permission from creator	Eating Disorders/ Disordered Eating	Adults, and children aged 9-13	Unknown	
<b>Difficulties in Emotion Regulation Scale (DERS)</b>	Gratz, K.L. & Roemer, L.	2004	Yes	Emotion Regulation	Adults 18-60	Available in German and Turkish	Gratz, K. L., & Roemer, L. (2004). Multidimensional assessment of emotion regulation and dysregulation: Development, factor structure, and initial validation of the difficulties in emotion regulation scale. <i>Journal of Psychopathology &amp; Behavioral Assessment</i> , 26(1), 41-

							54.
<b>Acceptance and Action Questionnaire-2 (AAQ-2)</b>	Bond, F.W. et al.	Submitted for publication	Yes	Experiential Avoidance	Adults	Unknown	
Frost Indecisiveness Scale (FIS)	Frost, R.O., Shows, D.L.	1993	CNL	Indecisiveness	Adults	Available in Portuguese	Steketee, Frost, & Kyrios (2001).
<b>Five Facets of Mindfulness questionnaire (FFMQ)</b>	Baer, R.A., Smith, G.T., Hopkins, J., Krietemeyer, J., Toney, L.	2006	Yes	Mindfulness	Adults	Unknown	
<b>Mindful Attention Awareness Scale (MAAS)</b>	Brown, K. W., & Ryan, R. M.	2003	Yes	Mindfulness	Adults	Unknown	Brown, K.W., & Ryan, R.M. (2003).
Frost Multidimensional Perfectionism Scale (FMPS)	Frost, Marten, Lahart & Rosenblate	1990	CNL	Perfectionism	Adults	Unknown	Khawaja, N.G., & Armstrong, K. A. (2005).
<b>Borderline Symptom List - 23 (BSL-23)</b>	Bohus, M. et al.	2008	Yes	Borderline Personality Disorder	Adults	Available in German, Italian, Spanish and Dutch	Bohus, M. et al. (2008). The Short Version of the Borderline Symptom List (BSL-

							23): Development and Initial Data on Psychometric Properties
<b>Borderline Symptoms List - 95 (BSL-95)</b>	Bohus, M. et al.	2007	Yes	Borderline Personality Disorder	Adults	Available in German, Italian, Spanish and Dutch	
<b>Borderline Evaluation of Severity over Time (BEST)</b>	Bruce Pfohl, MD & Nancee Blum, MSW	1997	Yes	Borderline Personality Disorder	Adults	Unknown	
<b>Shame Inventory</b>	Rizvi, S.	2004	Yes	Shame	Adults	Unknown	Rizvi, S.L.(2009). <i>Development and Preliminary Validation of a New Measure to Assess Shame: The Shame Inventory.</i>
<b>Substance Use Risk Profile Scale (SURPS)</b>	Conrod & Woicik	2002	CNL	Substance Abuse	CNL	Unknown	
<b>Valued Living Questionnaire (VLQ)</b>	Wilson, K. G., Sandoz, E. K., Kitchens, J., & Roberts, M. E.	In press	Yes	Valued Living	Adults	Unknown	
<b>Values Bull's Eye</b>	Lundgren, T. & Dahl, J.	CNL	Yes	Values	Adults	Unknown	

<b>Values Card Sort</b>	Miller, W.R., C'de Baca, J., Matthews, D.B., Wilbourne, P.L.,	2001	Yes	Values	CNL (Adults)	Unknown	
<b>Disruption of Functioning Index</b>	CNL	CNL	Yes	Functioning	CNL	Unknown	
<b>WHO Quality of Life-Brief Version (WHOQOL-BREV)</b>	World Health Organization	2004	Yes	Quality of Life	CNL (Adults)	Unknown	
The Satisfaction with Life Scale	Diener, Emmons, Larsen & Griffin	1985	Yes	Well Being	Adolescents and adults	Also validated with Portuguese adolescents	Neto, F. (1992). The satisfaction with life scale: Psychometrics properties in an adolescent sample.
Outcome Rating Scale (ORS)	Scott D. Miller and Barry L. Duncan	2000	Yes, free for individual use, others must have group license	Key dimensions of effective therapeutic relationships	Adults		
Session Rating Scale (SRS V.3.0)	Duncan, B.L., Miller, S.D.,	2003	Yes, free for individual use,	Areas of life functioning known to change as a result of therapeutic	Adults		

	Sparks, J.A., Claud, D.A., Reynolds, L.R., Brown, J., Johnson, L.D.		others must have group license	intervention			
Child Outcome Rating Scale	Duncan, Miller, and Sparks	2003	Yes, free for individual use, others must have group license	Areas of life functioning in children	Children		
Child Session Rating Scale (CSRS)	Duncan, Miller, Sparks, & Johnson	2003	Yes, free for individual use, others must have group license	Areas of life functioning known to change as a result of therapeutic intervention	Children		
Young Child Outcome Rating Scale (YCORS)	Barry L. Duncan, Scott D. Miller, Andy Huggins, and Jacqueline	2003	Yes, free for individual use, others must have group license	Key dimensions of effective therapeutic relationships	Children		

	A. Sparks						
Young Child Session Rating Scale (YCSRS)	Barry L. Duncan, Scott D. Miller, Andy Huggins, and Jacqueline A. Sparks	2003	Yes, free for individual use, others must have group license	Areas of life functioning known to change as a result of therapeutic intervention	Young Children		

Above resources located at <http://practicegroundprojects.wetpaint.com/page/Library+of+Assessment+Measures>

The following are sites listed under substance abuse and contain several ADDITIONAL measures to assess substance abuse.

<http://casaa.unm.edu/inst.html>

[http://www.nova.edu/gsc/online\\_files.html](http://www.nova.edu/gsc/online_files.html)