

Sample Learning Contract

Therapy Practicum

Student Name: _____

Practicum Site Name: _____

Site Supervisor Name: _____

Seminar Leader name: _____

Point Person Name: _____

Site Address: _____

City, State, Zip: _____

Email: _____

Phone: _____

Date of Agreement: _____

From: _____

To: _____

Hours per week: _____

Objectives:

- Develop individual/family/couple/group therapy skills
- Implement appropriate treatment plan in order to answer referral questions
- Integrate a range of information into a comprehensive case conceptualization
- Participate constructively in supervision, including being able to identify relevant issues, receive feedback and follow through on recommendations
- Identify and adapt therapeutic interventions for unique individuals and systems
- Utilize critical thinking skills to evaluate the importance and process of metacommunication, reflectivity, or processing of relationships
- Develop and maintain therapeutic alliance
- Communicate findings clearly in reports, supervision, and case presentations

Activities:

- Complete a minimum of 625 hours of supervised training in psychotherapy over a minimum of nine months (M.A. therapy requirement is 750 hours)
- Perform intake interviews of patients
- Conduct collateral interviews with pertinent informants
- Provide short-term and/or long-term psychotherapy to individuals, families, couples, and/or groups
- Receive individual supervision for one hour a week from a licensed psychologist
- Receive an additional hour of supervision from a licensed psychologist in either a group or individual format
- Receive didactic training from qualified professionals in related topics of interest
- Audio or video tape a therapy session for the Therapy CEC,
- Explore individual and cultural differences (ICDs) through examining issues of power and privilege in client-therapist relationships
- Utilize appropriate interventions with clients based on diagnostic considerations and conceptualize a case from one theoretical model
- Receive a mid-year and end of year evaluation
- Turn in a mid-year and end of year Hours Log to the Training Department
- Turn in a monthly hours log to practicum seminar leader